



Policy Manual
for
Servant's Heart
Camp Ministries

*This page
intentionally
left blank*



About SHCM	4
Archery	42
Batting Cage	31
Blamzooka	36
Blow Guns	41
Bungee Run	35
Cabins	28
Chariot	43
Cheers	30
Counselors	6
Couples	15
Decision Slips	25
Discipline	24
Dress Code (Lady Campers)	12
Dress Code (Men Campers)	12
Dress Code (Staff Men)	14
Dress Code (Staff Women)	13
Emergencies	21
Evenings	17
Hiking	33
Junior Counselors	8
Lake	32
Lost & Found	27
Meals	26
Medical Needs	22
Money	20
Obstacle Course	39
Operational Staff	10
Scholarship	11
Sexual Abuse	23
Slackline	38
Sling Shots	34
Target Range	37
Team Spirit	29
Telephones & Electronics	19
Vehicles & Equipment	18
Weekends	16
Watermat	40
Zipline	44

Our Mission

Servant's Heart Camp Ministries is a mission ministry dedicated to bringing glory to God; supporting local churches; strengthening families; and helping men, women, teenagers, boys and girls come to Christ and then to grow and become more like our precious Lord and Savior, Jesus Christ. *Servant's Heart Camp Ministries* would like to see all that come in contact with the ministry develop a true servant's heart for the Lord Jesus Christ.

This is accomplished by:

- Providing an environment that is protected from worldly influences
- Providing a biblical pulpit centered atmosphere
- Providing committed Christ-like staff for campers to model
- Providing an environment where biblical standards of separation are upheld
- Providing a schedule that is action packed and fun-filled

Our Position

- We will not support or unite with any church, institution, or organization that is ecumenical, charismatic or neo-evangelical.
- We will only use conservative Christian music and will avoid trends toward Contemporary Christian Music.
- We will use the KJV in all teaching, preaching, and memorizing.
- We will maintain a biblical standard of modesty that is honoring to our Lord Jesus Christ.

Servant's Heart Camp Ministries recognizes that some godly and committed Christians may hold to a different standard in some areas than what we uphold. In some of those areas we sincerely respect their position. We simply request that SHCM's staff and campers fully comply with our policies while ministering or attending any of our organized functions.

Our Conviction

- We believe that the Holy Bible is inerrant, infallible, and God-breathed, and therefore the final authority for faith and practice. (II Timothy 3:16-17; II Peter 1:20-21)

- We believe in one eternal God manifesting Himself in the Father, Son and Holy Spirit. That God created the heavens and earth and all that is in them. (Matthew 28:19; II Corinthians 13:14; Genesis 1-2)
- We believe Jesus Christ was conceived by the Holy Spirit, born of the virgin Mary, and lived a sinless life, in order that He might reveal God and redeem sinful man. He is true man and true God. He was crucified, died, buried, and bodily resurrected to life, ascended to heaven, and is coming again. (Luke 1:34-35; Ephesians 1:17; Hebrews 9:24)
- We believe that the Holy Spirit, third person of the Godhead, indwells, teaches and guides believers. (John 14:16-17; Ephesians 1:17-18, 5:18).
- We believe that God created man in His own image, and that man willfully sinned and is totally depraved and utterly helpless to redeem his lost soul. (Romans 3:22-23; Ephesians 2:1; Genesis 1:27; Deuteronomy 4:32).
- We believe that salvation is the gift of God, and all who receive the Lord Jesus Christ by faith are born again, possessing eternal life. (John 3:6-7, 15-16; Ephesians 2:8-10)
- We believe in the bodily resurrection of every person. The saved go to heaven and those who are unsaved go to an eternal hell. (John 5:28-29)
- We believe that God commands believers to live separate and holy lives, free from religious apostasy, cults, ecumenical and charismatic groups, and all worldly pleasures, practices, and associations. (Romans 12:1-2; II Timothy 2:1-5)
- This brief Statement of Faith does not exhaust our firm convictions and faith. The entire Bible is the sole and final authority of all that we believe. We do believe, however, that the foregoing Statement of Faith accurately represents the teaching of the Bible, and, therefore, is binding upon all the Directors and employees of the Corporation.

Counselors

- Be available from the beginning of staff training to the end of the last week of camp unless permission is granted by the camp director
- Be moved into your cabin and ready for the staff meeting at 9:00 AM on Monday mornings
- Give up selfish ambitions, and by God's grace, give yourself totally to the service of God, the camp and the campers each and every minute
- Review camper devotional sheets and be prepared with discussion questions to review with the campers
- Prepare and deliver a devotional to the campers each night
- Spend individual time (one-on-one) with each camper sometime throughout the week to determine his or her spiritual condition
- Counsel campers of the same gender as needed after each session
- Participate in staff choir (Singing ability is not required, only a desire to glorify God)
- Actively encourage campers in each game
- Memorize the first 12 sections of the teen memory list before arriving at camp
- Look for opportunities to talk to parents before or after the closing sessions
- Be available to help with any task or chore that you may be asked to do which will include cleaning your cabin, helping in the kitchen on weekends, and various other work projects
- Be willing to participate in skit time
- Carry and be responsible for inhalers during junior weeks
- Make sure campers are dressed appropriately for the next activity

- Never complain about the rules, staff, program, or any other aspect of the camp ministry - constructive criticism is welcome during staff meetings
- Be willing to abide by all camp policies
- Pray that God would do a work in your own heart as well as a work in the hearts of campers
- Attempt to practice and apply Ephesians 6:6; Not with eyeservice, as menpleasers; but as the servants of Christ, doing the will of God from the heart;

Junior Counselors

- Be available from 9:00 AM on the Monday of camp until 8:00 PM on the final Friday of the Junior camp that you are counseling
- Attend the required portion of staff training and one week of teen camp prior to junior counseling
- Give up selfish ambitions, and by God's grace, give yourself totally to the service of God, the camp and the campers each and every minute
- Support the head counselor as he/she has devotions each morning and evening
- Spend all your time during the week with the juniors from your cabin, unless you are asked by the leadership of the camp to do something else
- Be prepared to counsel children as needed after each session (Jr Counselors should only counsel children when specifically requested by a director.) After you have finished counseling the child, you should take them to their senior counselor for additional confirmation of their decision.
- Participate in staff choir (Singing ability is not required, only a desire to glorify God)
- Actively encourage campers in each game
- Help set up, tear down and run games as needed
- Be available to help with **any** task or chore that you may be asked to do
- Pray that God would do a work in your own heart as well as a work in the hearts of campers
- Help to clean up flatware and plates after each meal
- Make sure campers are dressed appropriately for the next activity
- Monitor cabins during shower time and times counselor is gone

- Supervise campers with cabin clean up while the counselor is in staff meeting
- Be responsible for your cabin any time that the counselor is unavailable
- Never complain about the rules, staff, program, or any other aspect of the camp ministry
- Be willing to abide by all camp policies
- Attempt to practice and apply Ephesians 6:6; Not with eyeservice, as menpleasers; but as the servants of Christ, doing the will of God from the heart.

Operational Staff

- Be available from 9:00 AM on the Monday of camp until three hours after the scheduled close of camp for the week that you are working
- Give up selfish ambitions, and by God's grace, give yourself totally to the service of God, the camp and the campers each and every minute
- Attend staff training as applicable
- All junior operational staff members should attend one week of camp prior to their week of service
- Junior staff members do not have the same authority as staff members although they should take authority when a counselor or staff member is not available
- Attend all evening rallies
- Participate in staff choir (Singing ability is not required, only a desire to glorify God)
- Help set up, tear down and run games as needed
- Be available to help with any task or chore that you may be asked to do which will include cleaning your cabin, helping in the kitchen on weekends, and various other work projects
- Pray that God would do a work in your own heart as well as a work in the hearts of campers
- Never complain about the rules, staff, program, or any other aspect of the camp ministry - constructive criticism is welcome during staff meetings
- Be willing to abide by all camp policies
- Attempt to practice and apply Ephesians 6:6; Not with eyeservice, as menpleasers; but as the servants of Christ, doing the will of God from the heart

Staff Scholarship

- Interested churches and individuals provide the scholarship money
- The scholarship is not a set amount and could range from \$1,000 to \$3,000
- Staff must apply for the scholarship
- The scholarship money is only available for those that have already completed one year of college and are planning to return to college the following year
- The money should be sent directly to the college to go on the students college bill.
- A applicant does not need to make a final decision about serving at camp until they receive a final answer on scholarship approval.

Dress Code (Girl & Lady Campers)

- Knee-length skirts or dresses that cover the knee must be worn for all rallies.
- Slits may not come above the bottom of the knee.
- Sleeveless blouses or dresses (or exposed shoulders) should not be worn at any time.
- Loose fitting pants, jeans or knee-length shorts/culottes may be worn except during the rally.
- Tops may not be more than three finger width below the collar bone.
- No worldly advertisements or pictures should be on any T-shirts.
- No writing or pictures should be on the back of any shorts/pants.
- Dark clothes must be worn over the swimsuit for lake and other water activities.
- Footwear must be worn at all time except when swimming

(Boy & Men Campers)

- Slacks and collared shirts must be worn for all rallies.
- Loose fitting knee-length shorts, slacks, or jeans may be worn for all other activities.
- Sleeveless shirts or tank tops may not be worn.
- No worldly advertisements or pictures should be on any T-shirt.
- Dark clothes must be worn for lake and other water activities.
- Footwear must be worn at all time except when swimming

(Women Staff)

- As a staff member, all attire should be abundantly modest in an attempt to be a good role model, to not offend any camper, and to ultimately bring glory to God.
- All skirts and dresses should be at nearly mid-calf or longer.
- Slits in skirts or dresses may not come above the bottom of the knee.
- Dresses and skirts must be worn to all rallies.
- Culottes (not capris) that cover the knee may be worn for all other activities.
- All garments must be loose fitting.
- Sleeveless or tank tops or tops with exposed shoulders should not be worn at any time.
- Shirts using spiritual or religious words with secular slogans, logos, or advertising should not be worn.
- Shoes or dress sandals (not flip flops) must be worn to all rallies.
- No baseball hats should be worn at anytime.
- Snow pants may be worn for certain winter snow activities, but should be removed as soon as the activity is ended.
- Jewelry should be limited to one small set of earrings (less than 1/2" below the ear), one necklace, and one ring excluding wedding bands.
- Toe rings should not be worn at anytime.
- No dark finger or toe nail polish - only natural
- All staff must abide by staff dress code even during staff training.

Dress Code (cont.) (Men Staff)

- As a staff member, all attire should be abundantly modest in an attempt to be a good role model, to not offend any camper, and to ultimately bring glory to God.
- Hairstyles must be off the ear and collar.
- Bleached or dyed hair is not acceptable.
- Shaved heads are not acceptable.
- Collared shirts, dress slacks, and socks are required for all rallies.
- Shoes are required for all activities (except swimming)
- Long pants are required for all activities.
- Shirts using spiritual or religious words with secular slogans, logos, or advertising should not be worn.
- Tank tops or sleeveless shirts may not be worn at any time.
- No jewelry may be worn excepting for a watch and a wedding band.
- All men should shave daily if required. (Although beards are not allowed, mustaches grown before camp are permitted.)
- Shirt tails must be tucked in at all times.
- Only one button can be unbuttoned on polo shirts.
- All fads and trendy styles should be avoided.
- All staff must abide by staff dress code even during staff training.

Couples

We realize that it is a beautiful process when a man and woman come together in marriage. An attraction to the opposite gender, however, can be a huge distraction during summer camp. Here are a few guidelines for couples during the camping season.

- The "who do you like and who do you like" routine is not appropriate for staff or campers.
- A couple is any guy and girls that frequently gravitate toward each other at meals, services, and other activities.
- Couples are not permitted unless they meet the following guidelines
 - Both people must be 19 or older or have graduated from High School at least one year ago.
 - Both sets of parents must give permission for the couple to spend time alone.
- Couples should not spend time together during the camp week.. On weekends the following guidelines must be met.
 - The couple must spend time in a public place - dining tent, dock, or fire ring
 - There should be 12 inches between couples at all times

Weekends

- Anyone coming to the camp over the weekend must get prior approval, even if only coming for a few hours.
- Permission to leave camp must be granted from one of the directors prior to leaving camp.
- Everyone staying at camp is required to attend three services on Sunday with the Servant's Heart staff
- SHC dress code must be followed even when leaving camp.
- No two people of the opposite gender may ever be alone - in a building, on a trail, in a car, or anywhere alone. There must always be the third person when there are both genders.
- Guys and girls must be in their respective cabins at the assigned time and may not leave their respective cabins before 6:00 AM.
- The four-wheelers, tractors, or other equipment may not be driven during the weekends without permission from one of the directors.
- Permission must be requested from one of the directors to use any "event" and it must be used in accordance with the guidelines outlined in this policy manual.
- Everyone is responsible to help cook on the weekends. One person may be assigned to take leadership responsibility
- Except in emergencies shopping for camp or personal items should not be done on Sundays.

Evenings

- During Teen & Junior Camps, all non-counseling Junior staff should be in their cabin by 10:00 and in bed by 10:30 unless they are assigned to a task
- During Teen & Junior Camps, all non-counseling Senior staff should be in their cabin by 10:30 and in bed by 11:00 unless they are assigned to a task
- During Junior Camps, Senior Counselors should be in bed within 45 minutes after campers, but no later than 11:15
- During Junior Camps, Junior Counselors should be in bed within 30 minutes after campers, but no later than 10:45
- During Teen Camps, counselors should be in bed as soon as possible after the campers,.
- Counselors should never be in another building or more than one cabin away from their assigned cabin after lights out.

Vehicles & Equipment

- Anyone using a motorized vehicle off the camp property must be between 21 & 70 years old.
- Staff shall not use vehicles, tractors, mowers, ATVs, 4-wheelers or any other motorized equipment, without the permission from a director for each use.
- An operational staff member may be given permission to use a specific piece of equipment throughout the summer.
- The speed limit coming across the lake and everywhere on the camp side of the lake is 10 MPH.
- The speed limit on the Ramey side of the lake is 15 MPH unless campers are present. If campers are present the speed limit is 10 MPH
- Staff members that are 15 or older may be given permission to use the golf cart, but they may not haul any passengers.
- Staff members that have their drivers license (not permit) may be given permission to drive a four wheeler or the Ranger.
- Staff members that are less that 18 years of age, may not transport any passengers.
- Summer Staff cars should be parked by 9:00 pm on Sunday night and not moved until after final staff meeting at the end of camp. Cars are to be parked in the designated area.

Telephones & Other Electronics

- Campers are not permitted to use any telephones. (Exceptions will be made for a camper to call for confession or to nail down a decision.)
- Phones will be collected from campers and returned at the end of each week.
- Counselors are not permitted to use camp or personal cell phones for speech or text messages during the week without the permission of the camp director. Counselors can check email or use cell phones during their free hours.
- Staff phones and other electronic devices will be stored in the pantry from beginning of each camp until the last campers have left. Counselors can pickup their phones during their “free hours.”
- Operational staff may stop by the pantry and use cell phones or electronic devices sparingly (no more than 10 minutes per camp day). No camper should ever see a staff member using a phone, laptop, or tablet.
- Office staff may check email and use the internet once each day. Other Sr. operational staff may also check email or use the internet once each day (no more than 10 minutes per camp day). A tablet, laptop, or cell phone may not be used for any other purpose during the camper week.

Money

Campers

- During summer teen and junior camps, campers must turn in all their money at registration.
- The snack and craft shop will keep a running ledger of amount of money spent and amount of money still available to spend.
- Unspent money should be picked up at the snack shack on the last day after the final rally.
- Campers should not keep any money. Even if the money is to be used on the trip home, they must turn in all their money.

Staff

- All staff members will keep their own money but should be careful where they keep it.
- Each staff member will be given a \$3.00 credit per week to be used at the snack shop.
- No staff member may accept tips. Any tips must be given to the camp director, to be used at the discretion of the director.

Emergencies

- When in question always call 911
- Our 911 address is 600 Servants Heart Drive, Ramey, PA in Gulich Township
- Notify the camp director, nurse, and activity directors of any accident or incident. (They should be notified even if the situation appears to be over.)
- Do not clean up the area or otherwise modify except as needed to prevent additional injury.
- Do not assume guilt or make confessions. (Hold any and all comments until the appropriate time.)
- Do not render first aid unless you are competent. If you initiate artificial respiration or CPR, do not stop until the emergency team has arrived.
- Go to another location and try to keep the campers calm.
- In the event of a fire or any weather related emergency, all campers and staff should report to the shed.
- The nurse should make a thorough and careful documentation for every step of the crisis.
- Allow prayer to be a significant part of the crisis response. Seek the Lord for guidance and prayer with the camper(s) that are involved and with the group of campers that are not involved in the situation.

Medical Needs

- In the case of any medical emergency, someone should be sent to call 911 while the individual is being protected from any further injury and the camp nurse is summoned.
- In the event of a person needing non-emergency medical treatment, the camp nurse and camp director will make the evaluation if the person should be taken to a doctor or hospital.
- In the event a person does need to be taken to the doctor or the hospital in a non-emergency situation, he/she shall be taken by two members of the operational staff in an approved vehicle. The camp nurse should not leave the camp property.
- For every junior and teen summer camps, all prescription and non-prescription drugs must be turned into the camp nurse when arriving at camp. The camp nurse will be responsible to see that each person gets their medication at the appropriate time.
- Anyone that comes to any teen or adult camp may keep his or her own inhaler.
- Counselors of junior age children are responsible to keep and have readily available any inhaler brought by their campers. (A backpack may be ideal for this purpose.)
- Campers that are unable to participate in activities because of illness, may be asked to stay at a place prescribed by the nurse.

Sexual Abuse

Sexual abuse of any sort is a terrible and hideous violation of God's principles. However, the simple accusation of sexual misconduct, even if it is unfounded, causes an unnecessary burden to the cause of Christ and also to *Servant's Heart Camp*.

Because of our concern and desire to be of the highest ethical standard the following precautions should be taken at all times.

- All volunteers and paid staff must fill out and sign a complete application that gives SHC the right to do a complete police background check.
- A criminal background check will be completed for each staff
- A Child Abuse History Clearance will be completed for each staff
- All out of state staff should have a complete background check (including fingerprinting) completed before arriving at camp.
- The application shall include the question "Have you ever been accused of, participated in, or been convicted of any sexual abuse?"
- Do not touch! There should be NO physical contact between genders.
- Casual embraces between members of the same gender should be brief.
- Never be alone with a single camper; always be in groups of three or more.

Each staff member should be alert for other staff members that may inadvertently act in a way that could be misunderstood. This action should be immediately mentioned to the fellow staff member and also to the Camp Director if the action continues.

Any accusations or suspicious behavior will be carefully documented by the directors.

Discipline

- No camper shall be pushed, hit, spanked, pinched, slapped or have any other physical contact as a means of discipline.
- No camper should have any of his meals withheld as a means of discipline.
- Kind and firm words should be the first means of discipline without any threat of physical punishment.
- The loss of the privilege to participate in a specific activity is an appropriate discipline. A camper, for example, may be denied the privilege to use the archery equipment if he/she does not obey the rules.
- Anyone having continual difficulty with a camper, should ask the camp director for assistance.
- A camper that continually breaks the rules will lose his/her privilege to stay on the campground. The parents or guardian will be called to come and pick up their child.

Decision Slips

- A decision slip should be filled out for each camper going forward at a rally.
- A decision slip should be filled out for any “significant” decision made at a time other than at rallies.
- All sections of the decisions slip should be filled out including your comments on the back of the slip
- Be very specific about the nature of the decision.
- Decision slips should be put in the locked box inside the shed man door.
- Several times per week, the secretary should collect the decisions slips and enter them on the computer

Meals

- No counselor or camper should leave the dining tent without permission from the camp or activities director.
- Each cabin is responsible to clean off their own table unless otherwise instructed by the activities or camp director.
- Counselors should be responsible to make sure that flatware is not thrown in the trash cans, but placed in a appropriate dishpan
- No food should be taken out of the dining tent.
- SHC will not be responsible to make specific meals for campers with special needs. Counselors should, however, help campers determine the foods that are on their approved diet.
- No individual should go for seconds until the kitchen staff has placed the “2nds Sign”

Lost & Found

- Any lost item should be reported to the activities director.
- Any found item should be given to the activities director.
- A table will be set up at the last session to display all found items.
- All found items will be kept for two weeks after the close of that particular camp.
- If the found items are requested, they will be sent to the camper at their expense.
- Items that are not requested within two weeks will be appropriately used or disposed of by the directors.

Cabins

- No camper, counselor or operational staff should ever be in a cabin of the opposite gender.
- Outside lights should be “on” at night and “off” during the day.
- No camper may enter a cabin other than their own without permission from a counselor.
- Cabin clean up will take place every morning of camp.
- Campers, not counselors or junior counselors, should clean the cabin. They may instruct campers what to do but they may not do the actual work for the campers.
- Cabins will be judged by the cabin inspector for the following:
 - ◆ Outside of cabin
 - ◆ Wash line
 - ◆ Porch & Steps
 - ◆ Lights & Door
 - ◆ Cabin floor
 - ◆ Trash Can
 - ◆ Bed
 - ◆ Area under beds
 - ◆ Sink
 - ◆ Bathroom & shower area
 - ◆ Bonus
- The cabin inspector may be of the opposite gender so please make sure the cabin and bonus ideas are appropriate.
- The counselor must thoroughly clean the cabin and disinfect the beds after each week of camp.
- Campers should never adjust the thermostat
- Counselors should never adjust the thermostat higher than 70 in the winter or lower than 74 in the summer.

Team Spirit

Counselors and Jr. Counselors are encouraged to generate team spirit and enthusiasm throughout the week. Team spirit, however, should never detract from our ultimate goals. The following are things to remember concerning team spirit.

- Should never be derogatory toward the other team.
- Should not have be proud or boastfulness, but should emphasize unity and giving your best
- No face paint
- Team colored fingernail or toenail polish should not be used.
- A small mascot or other team spirit item is appropriate.

Cheers

Extreme caution must be exercised when creating, teaching and doing cheers. The following guidelines should be observed:

- Cheers must not resemble rock or rap in their style.
- Cheers must not use worldly terms or phrases.
- Cheers must not speak in a negative fashion of the other team.
- Cheers must not have any motions that mimic dancing or any worldly practice.
- Cheers, as much as possible, should relate to the theme of camp.
- All cheers must be approved by a director.
- Cheering may not be done during any session or while any staff member is speaking unless the person speaking indicates that cheering is appropriate.

Batting Cage

- The equipment must be picked up and returned only by a staff member.
- Campers must wear a helmet while in the batting cage.
- Only one camper should be in the batting cage at any time. A staff member or parent may be in the batting cage with a camper, but a helmet must be worn.
- The camper should gather all the balls after each batting session.
- A staff member must be present whenever batting cage is in use.
- Throwing machine must be covered when not in use.

Lake

- No teen or junior camper should be in or close to the lake excepting with a staff member.
- The trail around the lake will be the safety buffer. No teen or junior camper should be closer than on the trail unless permission is granted from a staff member.
- The dock is off limits without a staff member
- All campers are required to have a life vest when using any boat, canoe, kayak, or any other floatation device
- Campers on inner tubes must wear a life vest
- Life jackets are required for everyone that is in the water over knee deep.
- A swim test will be administered during the first 20 minutes of the first swim time of each camp or retreat.
- Campers that pass the swim test are not required to wear a life jacket for that particular retreat.
- A staff member must check every junior campers life jacket before entering the water.
- One certified Red Cross lifeguard shall be on duty when the lake is open during any scheduled swim time.
- All campers must stay away from the overflow pipe.
- Rocks or stones should not be thrown into the lake.
- Diving, or flipping into the lake from the shore, dock, boat or any other perch is prohibited. Everyone must go into the lake feet-first.
- In the event of lightening, thunder (even off in the distance) everyone must leave the lake for 30 minutes.

Hiking/Trails

- No hiking may be done off the camp property without permission from a director.
- The “Rails to Trails” should not be used without permission from a director
- Campers should not leave the trails excepting for specific group games.
- Campers should never hike on the trails without a staff member.
- Staff members should never hike on the trails with only one camper. There must always be at least three people when on the trails.
- The hiking trails may not be used after dark excepting for a group activity.
- Never attempt to touch or attract any animal.

Slingshots

- The slingshots will be stored in a secure location.
- The equipment must be picked up, inspected, and returned by a staff member.
- Slingshots can only be used at the slingshot range.
- Goggles/glasses must be worn when using slingshots.
- Only slingshot ammunition should be shot from the slingshots.
- Never aim a slingshot, loaded or unloaded, at a person.
- Never pull back an unloaded slingshot.
- Never release a shot when someone is in front of the shooting line.
- A staff member must be present when slingshots are in use.
- Any camper not obeying these rules must leave the Sling shot range.

Bungee Run

- A staff member (18 years old or older) must be supervising when the Bungee Run is in use.
- A staff member must have a whistle while staffing the Bungee Run.
- Bungee Run must be deflated and covered when not in use.
- Use of the Bungee Run should be discontinued, deflated, and covered in the event of wind (over 20 mph), rain, or thunder.
- Bungee Run must be inspected before each use to insure that
 - Mats are in place
 - Barriers are setup around blowers
 - 8 tiedowns are fastened to stakes
 - 6 of the stakes are at least 1" in diameter
 - Eye bolts are secure
- The inspection report should be completed and filed.
- Shoes, glasses, large earrings, and any sharp objects (ex. belt buckles) must be removed before participating.
- Children less than 36" tall may not use the Bungee Run.
- A participant may not run until given the "ok" from the attendant.
- Participants may not attempt to jump out of the running lane.
- Only one participant may run in each lane.
- Observers should stay at least 10' from the Bungee Run.
- If the Bungee Run begins to lose air, use should be discontinued immediately.
- Any camper not obeying these rules must discontinue using the Bungee Run.

Blamzookas

- Only aim and shoot the Blamzookas at the intended targets.
- Shoot only tennis balls through the Blamzookas.
- Shooting pressure should not be adjusted.
- When possible, air compressor should be started to fill the storage tank approximately 30 minutes before the Blamzookas will be used.
- A staff member must be present when the Blamzooka are in use.
- The staff member will distribute balls and instruct when it is safe to go in front of the firing line. It is only safe to go in front of the firing line if:
 - The air pressure at each gun is zero. (The pressure in the guns must be released by closing the valve before the last shot or by closing the valve and squeezing the trigger without a ball.)
 - The gun action is open (forward)
- When finished shooting:
 - Turn the air compressor off.
 - Close the valve on the tank (Red Handle)
 - Store balls in water repellent container
- Maintenance of cannon system will include
 - Fill gas tank of compressor as needed (Check engine and compressor oil levels each time gas tank is filled)
 - Drain water from compressor tanks and air tank at the beginning of each week.
- Any camper not obeying these rules must leave the Blamzooka range

Target Range

- Guns and equipment will be kept in a locked case at the Target Range.
- The key for the case shall be kept the kitchen trailer.
- The Target Range may only be used when a staff member is present.
- The equipment should be inspected before each use.
- Even Airsoft Guns are dangerous weapons and should never be pointed toward a person.
- Only guns and ammunition provided by SHC should be used at the range.
- Never shoot at anything other than the given target.
- All shooting must be done from the designated shooting areas.
- Safety glasses must be worn when using the guns.
- Spectators must stay behind the designated “spectator line.”
- Gun should be unloaded when not in use (remove clip and lift bolt).
- All guns must be unloaded and pointed in a safe direction before anyone goes beyond the shooting line.
- A staff member must grant permission for anyone to go beyond the shooting line.
- Any camper not obeying these rules must leave the Target Range.

Slackline

- A staff member must be supervising when the Slackline is in use.
- Slackline shall not be installed more than 18” off the ground.
- Only one person may be on the slackline at any time. A staff member, however, may sit on the line to provide stability.
- Slackline should be inspected before each use.

Obstacle Course

- Two staff members must be supervising when the Obstacle Course is in use. One of the staff members must be at least 18 years old.
- Both staff members must have a whistle.
- Obstacle course must be deflated when not in use.
- Use of the Obstacle Course should be discontinued, deflated, and covered in the event of wind (over 15 mph), rain, or thunder.
- Obstacle Course must be inspected before each use to insure that
 - Mats are in place
 - Barriers are setup around blowers
 - All 12 tiedowns are fastened to stakes
- An inspection report must be completed before each use and filed.
- Shoes, glasses, large earrings, and any sharp objects (ex. belt buckles) must be removed before participating.
- A participant may not run until given the “ok” from the attendant
- Only two participants may use the obstacle course at a time.
- If the Obstacle Course begins to lose air, use should be discontinued immediately.

Watermat

- Watermat should only be used during designated swim times
- No diving off the Watermat
- No swimming under the Watermat
- Only 12 juniors may be on the mat at the same time
- Only 10 teens or adults may be on the mat at the same time
- Flips and other acrobatic maneuvers are prohibited
- Watermat should only be used during daylight hours
- Jumping between the dock and the watermat is prohibited.

Blowguns

- The blowguns will be stored in a secure location.
- The blowguns must be picked up, inspected, and returned by a staff member.
- Blowguns can only be used at the blowgun range.
- Only blowgun darts should be shot from the blowguns.
- Never aim a blowgun, loaded or unloaded, at a person.
- Never shoot blowgun when someone is in front of the shooting line.
- A staff member must be present when blowguns are in use.
- The mouthpiece must be replaced between each person using the blowguns
- The mouthpiece must be taken to the kitchen to be sterilized after each use
- In the event that all the mouthpieces have been used, the blowguns must be shut down until additional mouthpieces have been sterilized by the kitchen staff.
- Any camper not obeying these rules must leave the Blowgun range.

Archery

- Archery equipment will be kept in a secure location.
- The archery equipment must be picked up, inspected and returned by a staff member.
- The bow is a dangerous weapon.
- Never point arrows in fun or jest.
- Never shoot at anything other than the given target.
- Do not “dryfire” the bow.
- All shooting must be done from directly behind the ribbon.
- Archery equipment may only be used when a staff member is present.

Any camper not obeying these rules must leave the archery range

Chariot

- Chariot will be pulled by a four wheeler or Ranger.
- In addition to the towing ball, the safety chains must be used.
- The four wheeler or Rranger must be driven by someone 21 year old or older
- For juniors, The Chariot will only be used to give rides
- For teens and older The Chariot will be use on the shed trail with “spears” and targets
- A junior may throw spears only if accompanied by a parent (during family camp or kick back retreat)
- Excessive speeds (over 15 mph) should never be exceeded when pulling The Chariot.
- Seat belts be worn by all riders on The Chariot.
- Campers should not mount The Chariot when not hooked to a four wheeler or Ranger.

Zipline

Guidelines to be established by the installer of the zipline.



422 Servants Heart Drive, Ramey, PA 16671
info@shcm.org | www.SHCM.org
814-497-4100

As the SERVANTS of Christ doing the will of God from the HEART. Eph 6:6

*Not with eyeservice as men
pleasers but as the servants of
Christ doing the will of God
from the heart. Ephesians 6:6*